

MODALITY CATEGORIES

The Ontario College of Reflexology Insurance Program: Categories of activities that can be covered.

Please note: The base premium includes coverage for up to 5 modalities (any 5) in total. Additional modalities in excess of 5 to be added to your policy are chargeable. An annual charge of \$40.00 per additional modality will apply.

Access Bars™	Bio Cell Therapy	Eden Energy
Access Consciousness	Bio Energetics	Electro Therapy
Access Healing Body Work	Bio Feedback	EMF Balancing Technique
Acupressure	Biomagnetism Level 1 & 2	Emotional Freedom Technique
Acupressure Therapy	Body Mind Balancing	Energetic Healing
Akashic Records	Body Talk System	Energy Therapy
Alexander Technique	Body Work	Energy Work / Balancing
Algotherapy	Bowen Technique	Ergonomic Therapy
Anat Baniel Method™	Brain Gym™	Facial Massage
Antigynastique™	Brandon Raynor Massage	Feldenkrais Method
Aqua Chi	Breathwork	Feng Shui
Aqua Fitness Instruction	Breema	Grasten Technique™
Aquamassage / Hydrotherapy	Brine Baths	Guided Imagery
Aquatic Exercise Therapy	Certified First Aid	Health Coaching
Aromatherapy	Chakra Balancing	Health Centered Therapy
Art Therapy	Chi Ni Tsang	Heart Wisdom Connection™
Ashton Patterning	Coaching	Hellerwork
Ask and Receive	Color Therapy	Herbalism
Aura Soma Color Healing	Craniosacral Therapy	Holistic Counseling
Axiatonal Alignment	Crystal Healing	Horticultural Therapy
Bach Flower Remedy	Cupping Therapy (Air/Suction cup only – no fire/bleeding)	Hot Stone Massage
Balneotherapy	Dance Movement Therapy	Indian Head Massage
Bamboo Fusion Massage	Deep Muscle Therapy	Indonesian Massage
BEST	Deep Oscillation Therapy	Integrated Energy Therapy (IET)
Behavioral Analysis	Ear Coning/Candling*	Intervention (RDI)™
Bi-Aura Therapy		Intolerance Elimination

*= 25% surcharge

Ion Foot
Bath/Massage/Cleanse/Soak

Ion Therapy including Ion foot
Massage

Iridology

Jin Shin Life Work Coaching

Journey Practitioner™

Kinesiology

Lomi-Lomi

Magnetic Therapy (PEMF)

Manual Lymph Drainage

**Martial Arts Instructor Fitness (No
contact)***

Massage Therapy

Meditation

Meridian Stress Assessment

Muscle Activation Techniques

Music-Thanatology

Myofascial Release Technique

Natural Face Lift Technique

Nerve Stimulation (TENS/IFC)

Neuro Linguistic Therapy

Neuro Muscular Therapy

Neurofeedback

NeuroOptimal™/ Zengar

Nutrition Therapy

Peat Therapy

Pediatric Sleep Consultant

Personal Fitness Instructor*

Physiotherapist Aide*

Pilates / PiYo Instructor*

Plexus Bio

Polarity Therapy

Pranic Healing

Pregnancy Massage

Qi Gong

Quantum Touch

Raindrop Therapy

Raviv Method

Recreational Therapist

Reflexology Therapy

Registered Holistic Nutrition
Consultant

Reiki / Master Sotai

Rejuvenating Face Massage

Relationship Development
Intervention (RDI)™

Relaxation Massage

Relaxation Therapy Roling

Relaxation/Chair Massage

Rosen Method

Rubenfeld Synergy

Seniors Fitness Instructor*

Shamanic Healing

Shiatsu

Somato Emotion Release

Sound Therapy / Healing

Spiritual Counselor

Spiritual Therapy/Direction

Structural Integration

Swedish Massage

Tai Chi / Tai Chi Instructor*

Thai Massage

Thalassotherapy

Thanadoula/Contemplative

The Radiance Technique

Therapeutic Touch

Total Body Modification

Touch for Health

Trager Approach

Trigenics

Yamana Body Rolling

Yoga (not Hot Yoga)

Yoga Assistant/Instructor*

Zero Balancing

***= 25% surcharge**

Modalities NOT Covered

Allergy Testing
Colonics
Dietician / Dietitian
Eye Lash Extensions
Eyelash & Lip Tinting
Facials with Esthetic Grade Peels
Hairstyling
Homeopathy
Hot Yoga
Hypnosis
Hypnotherapy
Infant Massage
Manicures
Micro-needling
Occupational Therapy
Past Life Therapy
Pedicures
PSW - Personal Support Worker
Psychotherapist
Registered Massage Therapy
Registered Nurse
Speech Language Pathologist
Social Worker
Teeth Whitening
TCM – Traditional Chinese
Medicine

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**Or Any Regulated Health
Professional**