

## **Level I Foot Reflexology Teacher Training Course Outline**

**Course Fee: \$1,450.00 Cdn.**

### **1. Application and Registration:**

- **Prerequisites:** Have earned a minimum of **100 credits in Level I** and have a teaching and/or public speaking background.
- Signed application form submitted with:
  - letter of intent stating reason(s) for becoming a Teacher of Foot Reflexology.
  - curriculum vitae or resume showing relevant experience.
  - non-refundable deposit of \$250.00 Cdn.(applied toward course fee of \$1,450.00 Cdn.).

### **1. Acceptance and Assignments:**

- If accepted into the program, the student teacher will be notified in writing.
- Payment in full of the remaining course fee of \$1,200.00 Cdn. with signed acknowledgment of *Refund Policy*.
- N101 textbooks and Teacher's manual will be shipped to the student teacher.

### **Module 1 - Development and Submission of Lesson Plans:**

- Develop and submit lesson plans for teaching the following courses:
  - N101 Foot Reflexology Course - 17-hour classes (2) in the following formats for each module:
    - 2 - 7-hour days
    - 6 - 3-hour evenings
  - provisions for homework assignments, mid-term practical assessments and examinations.
- Develop teaching aids based upon the above lesson plans.
- Submit a list of proposed teaching aids complete with photographs, samples or videotapes.
- This module is worth 25% of the final mark.

### **Module 2 - Videotaped Presentations:**

- Video-taped presentation by the student teacher on *Chapter 2 - Zones of the Body* (10 to 15 mins).
- Video-taped presentation by the student teacher **teaching** the *Reflexology Foot Procedure* on the entire right foot only (30 to 45 mins).
- This module is worth 25% of the final mark.

### **Module 3 - Presentation and Workshop:**

- Presentation of assigned chapter - A&P and location of reflexes.
- Presentation of assigned part of the Reflexology Foot Procedure.
- Review of Administrative Procedures including Teacher's contracts.
- This module is worth 50% of the final mark.

### **Final Grading:**

- Final grades issued. Over-all average of 80% or better required to graduate.
- If successful, a *Teacher's Certificate* will be issued along with a *Teacher's Probationary Contract*.

### **Probationary Period:**

- Review of teacher's performance throughout the probationary period (two years).
- If successful, the Teacher's status will be upgraded to *Permanent Level*.

### **Level I Foot Reflexology Teacher Training Timeline**

