Facial AcuZone Reflexology

(FAZR)

Syllabus for Distance Learning

Course Description: Facial AcuZone Reflexology (FAZR) is a new form of reflexology therapy developed by Sue Todd that is a combination of Chinese acupressure points, Indian marma points, muscular massage and lymphatic drainage; all targeted on the head and neck and mapped using longitudinal zones and transverse landmark lines. The text is over 125 pages in length and the program includes a DVD demonstrating the procedure. Facial AcuZone Reflexology training will provide the reflexologist with another reflexology therapy to offer to existing clients and to assist in attracting new clients.

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Please Note: Proof of previous reflexology certification is a prerequisite.

Course topics include:

<table>
<thead>
<tr>
<th>What is Facial AcuZone Reflexology?</th>
<th>What Theory are we Following</th>
<th>Making an About Face</th>
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<tbody>
<tr>
<td>What about Auricular Reflexology?</td>
<td>Zonal Transverse Landmark Lines of the Face</td>
<td>What are the benefits of FAZR?</td>
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<td>Before and After Photos</td>
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<tr>
<td>The Skeletal System of the head</td>
<td>The muscular system of the head and neck</td>
<td>The circulatory system of the head</td>
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<tr>
<td>The lymphatic system of the head and neck</td>
<td>The nervous system of the head</td>
<td>The importance of relaxation</td>
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<tr>
<td>FAZR pathological conditions (19)</td>
<td>Contraindications</td>
<td>Charting</td>
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<tr>
<td>Tactile assessment</td>
<td>Health record explanation</td>
<td>FAZR health and session records</td>
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<tr>
<td>Practical Procedure</td>
<td>Signs of a successful session</td>
<td>What you may feel when you are giving a session</td>
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<tr>
<td>Equipment required</td>
<td>FAZR points and meridian chart</td>
<td>Meridians involved in FAZR</td>
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<tr>
<td>Practitioner be aware before starting</td>
<td>Practical procedure explanation</td>
<td>Cleaning up after the session</td>
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Completing the case studies  Volunteer Client list  Zonal relationships of Organs of the body in FAZR
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Facial Oils for FAZR  FAZR Declaration and consent form  Study Guide

This course includes original artwork and over 25 charts and diagrams to help you with your studies.

**Course Objectives:** By the end of this program the learner will be able to:

1. Define FAZR.
2. List the benefits of a FAZR session.
3. Complete a FAZR health record.
4. Visually assess the client’s face for lesions and skin conditions.
5. Perform a tactile assessment of the head and neck.
6. List contraindications to receiving FAZR.
7. List the AcuZone points and label the meridians they belong to.
8. Complete a FAZR session.

**Course requirements:**

I. Previous certification as a reflexologist
II. Camera with video capability for before and after photos and to video the final exam
III. Computer to view the DVD
IV. Student must purchase their own linens, oils, table etc (links have been provided to assist with the search)
V. Read the text
VI. Must complete 30 case studies (they must be photocopied and submitted but will not be returned). Students are allowed to charge a nominal fee of $10 to $20 for each case study. Copies of release forms must be submitted as well.
VII. Must complete a written exam (must be proctored). All proctoring fees are the responsibility of the student.
VIII. Must complete a practical exam (send in a video or there is a Skype option). Students must provide a client and all supplies for the practical exam.
IX. An 80% average is required to complete the program and obtain your certificate
X. All requirements must be completed within one year from the purchase date

**Your Program Package Includes:**

- Facial AcuZone Reflexology Text
- Hair protection cap
- Study cards (can fit in your purse or pocket to help with studying)
- Support from Sue Todd via email, phone or Skype (for telephone or Skype an appointment time is recommended). Skype time is best used for procedural questions.
**Course Fee and Timing:** The fee for the course is $475.00 plus taxes and includes the previously mentioned items, all exams and shipping and handling. The text will take approximately 8 hours to read but allow at least 1 to 2 hours of studying for each hour of reading.