



# Ontario College of Reflexology

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T25A-0807

## Level I Foot Reflexology Teacher Training Course Outline

**Course Fee: \$1,150.00 Cdn.**

### **1. Application and Registration:**

- **Prerequisites:** Have earned a minimum of **100 credits in Level I** and has teaching and/or public speaking background.
- Signed application form submitted with:
  - letter of intent stating reason(s) for becoming a Teacher of Foot Reflexology.
  - curriculum vitae or resume showing relevant experience.
  - non-refundable deposit of \$150.00 Cdn.(applied toward course fee of \$1,150.00 Cdn.).
- **Application Deadline: June 30, 2008.**

### **2. Acceptance and Assignments:** (July 31, 2008 to Sept. 01, 2008)

- If accepted into the program, the student teacher will be notified in writing.
- Payment in full of remaining course fee of \$1,000.00 Cdn. with signed acknowledgment of *Refund Policy*. **Payment Deadline: July 31, 2008.**
- N100 and N101 textbooks and Teacher's manual will be shipped to the student teacher.
- Module 1 assignments will be sent out with the textbooks by August 31, 2008.

### **Module 1 - Development and Submission of Lesson Plans:** (Sept. 01, 2008 to Dec. 15, 2008)

- Develop and submit lesson plans for teaching the following courses:
  - N100 Foot Reflexology Workshop - 8 hour class
  - N101 Foot Reflexology Course - 35-hour classes in the following formats:
    - 5 - 7-hour days
    - 12 - 3-hour evenings
    - provisions for homework assignments, mid-term practical assessments and examinations.
- Develop teaching aids based upon the above lesson plans.
- Submit a list of proposed teaching aids complete with photographs, samples or videotapes.
- This module is worth 25% of the final mark.
- **Deadline: December 15, 2008**

### **Module 2 - Videotaped Presentations:** (Jan. 01, 2009 to March 15, 2009)

- Video-taped presentation by the student teacher on *Chapter 2 - Zones of the Body* (10 to 15 mins).
- Video-taped presentation by the student teacher **teaching** the *Reflexology Foot Procedure* on the entire right foot only (30 to 45 mins).
- This module is worth 25% of the final mark.
- **Deadline: March 15, 2009**

**Module 3 - Presentation and Workshop:** (March 31, 2009)

- Receive assignments and preparation for Module 3 presentation.

**Module 3 - Presentation and Workshop:** (May 2 & 3, 2009)

- 15-hour weekend workshop to be held on: **May 2 & 3, 2009**
- Workshop location to be announced.
- Presentation of assigned chapter - A&P and location of reflexes.
- Review of Administrative Procedures including Teacher's contracts.
- Review of teaching aids.
- Q & A period.
- This module is worth 50% of the final mark.

**Final Grading:** (May 15, 2009 to May 31, 2009)

- Final grades issued. Over-all average of 80% or better required to graduate.
- If successful, a *Teacher's Certificate* will be issued along with a *Teacher's Probationary Contract*.

**Probationary Period:** (June 01, 2009 to June 01, 2011)

- Review of teacher's performance throughout the probationary period (two years).
- If successful, the Teacher's status will be upgraded to *Permanent Level*.

**Level I Foot Reflexology Teacher Training Time-Line**

