



Ontario College of Reflexology

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T25A-0911

Level I Foot Reflexology Teacher Training Course Outline

Course Fee: \$1,150.00 Cdn.

1. Application and Registration:

- **Prerequisites:** Have earned a minimum of **100 credits in Level I** and has teaching and/or public speaking background.
- Signed application form submitted with:
 - letter of intent stating reason(s) for becoming a Teacher of Foot Reflexology.
 - curriculum vitae or resume showing relevant experience.
 - non-refundable deposit of \$150.00 Cdn.(applied toward course fee of \$1,150.00 Cdn.).
- **Application Deadline: June 30, 2012.**

2. Acceptance and Assignments: (July 31, 2012 to Sept. 01, 2012)

- If accepted into the program, the student teacher will be notified in writing.
- Payment in full of remaining course fee of \$1,000.00 Cdn. with signed acknowledgment of *Refund Policy*. **Payment Deadline: July 31, 2012.**
- N100 and N101 textbooks and Teacher's manual will be shipped to the student teacher.
- Module 1 assignments will be sent out with the textbooks by August 31, 2012.

Module 1 - Development and Submission of Lesson Plans: (Sept. 01, 2012 to Dec. 15, 2012)

- Develop and submit lesson plans for teaching the following courses:
 - N100 Foot Reflexology Workshop - 8 hour class
 - N101 Foot Reflexology Course - 35-hour classes in the following formats:
 - 5 - 7-hour days
 - 12 - 3-hour evenings
 - provisions for homework assignments, mid-term practical assessments and examinations.
- Develop teaching aids based upon the above lesson plans.
- Submit a list of proposed teaching aids complete with photographs, samples or videotapes.
- This module is worth 25% of the final mark.
- **Deadline: December 15, 2012**

Module 2 - Videotaped Presentations: (Jan. 01, 2013 to March 15, 2013)

- Video-taped presentation by the student teacher on *Chapter 2 - Zones of the Body* (10 to 15 mins).
- Video-taped presentation by the student teacher **teaching** the *Reflexology Foot Procedure* on the entire right foot only (30 to 45 mins).
- This module is worth 25% of the final mark.
- **Deadline: March 15, 2013**

Module 3 - Presentation and Workshop: (March 31, 2013)

- Receive assignments and preparation for Module 3 presentation.

Module 3 - Presentation and Workshop: (June 1, 2013)

- 8-hour weekend workshop to be held on: **June 1, 2013**
- Workshop location to be announced.
- Presentation of assigned chapter - A&P and location of reflexes.
- Review of Administrative Procedures including Teacher's contracts.
- Review of teaching aids.
- Q & A period.
- This module is worth 50% of the final mark.

Final Grading: (June 5, 2013 to June 30, 2013)

- Final grades issued. Over-all average of 80% or better required to graduate.
- If successful, a *Teacher's Certificate* will be issued along with a *Teacher's Probationary Contract*.

Probationary Period: (June 01, 2013 to June 01, 2015)

- Review of teacher's performance throughout the probationary period (two years).
- If successful, the Teacher's status will be upgraded to *Permanent Level*.

Level I Foot Reflexology Teacher Training Time-Line

